

## HANDLING CONFLICT PROGRAM

# IS CONFLICT GETTING IN THE WAY OF YOUR WORKPLACE SUCCESS?

When workplace conflict is unresolved it can take a huge toll on workplace success. It can negatively impact relationships, increase stress levels, change team dynamics, hinder personal performance, and more.

### OVERCOME WORKPLACE CONFLICT CHALLENGES

Having strong conflict resolution skills can allow you to better manage difficult conversations, discuss tough topics, build stronger relationships, resolve disagreements more effectively, and better manage stress.

Through KerrHill's Handling Conflict program, participants will learn how to overcome personal roadblocks by understanding their own conflict management skills along with identifying and managing those of others.



MANAGE CONFLICT EFFECTIVELY

4-HOUR IMPACTFUL WORKSHOP

TOP RATED PROGRAM

### **Key Program Takeaways**

- Discover your conflict preferences to better adapt to stressful situations
- Explore common workplace conflicts
- Learn to identify to other people's conflict modes
- Understand personal barriers to change
- Review successful & unsuccessful conflict situations
- Build new strategies for handling conflict situations

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# TRANSFORMATIVE HANDLING CONFLICT PROGRAM

"Participants will learn how to assess conflict situations objectively and strategically so they can maneuver through conflict more easily and immediately for long term conflict management success." - George Phirippidis, KerrHill CEO

### WHAT YOU'LL EXPERIENCE

- Interactive group exercises
- A personalized conflict report
- Insights into the Thomas Kilmann Instrument
- Personal strengths and weaknesses in 5 areas of conflict

### WHY CHOOSE KERRHILL?

- Over 34 years of proven training success
- Our trainings are engaging, challenging, thought-provoking, and fun, for a transformative learning experience
- Learnings stick and tools are easy to apply

### HANDLING CONFLICT PROGRAM OVERVIEW

<b>~</b>	Designed for:	: Professionals	seeking to impro	ove their conflict ma	anagement skills
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Format: Available in-person or virtually

Length: 4 or 6 hour workshop

Location: Onsite at client location or at an offsite meeting facility

Cost: \$695 per person

Group size: 6-20 people

Workshop includes: All course materials and a personalized Five Modes of Conflict Assessment report to help participants understand their conflict preferences.

Workshops are held throughout the year Register online or contact us at info@kerrhill.com